

# BODY MOVES



**Count:** 64    **Wall:** 2    **Level:** Intermediate

**Choreographer:** Jamie Barnfield (September 2017) [www.boogie-shoes.co.uk](http://www.boogie-shoes.co.uk)

**Music:** Body Moves by DNCE (Album DNCE 3:56) (iTunes)

**Intro:** 16 count (on main vocals)

## **S1: FORWARD TAP BACK, R SAILOR STEP, HOLD, BALL POINT, SIDE, KICK**

- 1&2 Step forward on right, Tap left behind right, Step back on left
- 3&4 Cross right behind left, Step left in place, Step right to right side
- 5&6 Hold, Close left to right, Point right to right side
- 7-8 Swing hips anti-clockwise from left to right taking weight on right, Kick left to left diagonal

## **S2: ¼ R SAILOR STEP, STEP, PIVOT ½, STEP LOCK STEP STEP, LOCK, STEP**

- 1&2 Step left behind right, Turn ¼ right stepping forward on right, Step forward on left (3:00)
- 3-4 Step forward on right, Pivot ½ left (weight on left) (9:00)
- 5&6& Step forward on right, Lock left behind right, Step forward on right, Step forward on left
- 7-8 Lock right behind left bending knees slightly, Step forward on left straightening knees (9:00)

## **S3: SCUFF, ROCK & BACK & POINT & POINT & STEP, PIVOT ½, STEP**

- 1-2& Scuff right forward hitching right knee slightly, Rock forward on right, Recover on left
- 3&4& Rock back on right, Recover on left, Point right to right side, Close right next to left
- 5&6 Point left to left side, Close left next to right, Step forward on right
- 7-8 Pivot ½ left on left, Step forward on right (3:00)

## **S4: L DOROTHY, R DOROTHY, L JAZZ BOX TOUCH**

- 1-2& Step forward on left, Lock right behind left, Step forward on left
- 3-4& Step forward on right, Lock left behind right, Step forward on right (3:00)
- 5-6 Cross left over right, Step back on right
- 7-8 Step left to left side, Touch right next to left (angling body 1:30 prep) (3:00)

## **S5: ¼ R, SWEEP, TAP, BACK, SWEEP, ¼ R, ROCK, RECOVER, L COASTER STEP**

- 1-2& Turn ¼ right stepping forward on right, Sweep left from back to front crossing left over right, Tap right behind left (6:00)
- 3-4& Step back on right, Sweep left from front to back stepping left behind right, Turn ¼ right stepping forward on right (9:00)
- 5-6 Rock forward on left, Recover on right
- 7&8 Step left back, Close right next to left, Step forward on left (9:00)

## **S6: R FORWARD HIP BUMPS, L FORWARD HIP BUMPS, CROSS, BACK & CROSS, POINT**

- 1&2 Touch right toe forward to right diagonal bumping hips forward, back, forward (taking weight on right)  
*(Styling: Bump hips up & forward (1) down & back (&), down & forward (2))*
- 3&4 Touch left toe forward to left diagonal bumping hips forward, back, forward (taking weight on left)  
*(Styling: Bump hips up & forward (3) down & back (&), down & forward (4))*
- 5-6& Cross right over left, Step back on left, Step right to right side (squaring up to 9:00)
- 7-8 Cross left over right, Point right to right side

**S7: R SAILOR, ¼ L SAILOR, R KICK BALL CHANGE, STEP, SLIDE**

1&2 Cross right behind left, Step left in place, Step right to right side

3&4 Cross left behind right, Turn ¼ left stepping right in place, Step forward slightly on left (6:00)

**\* RESTART WALL 5**

5&6 Kick right forward, Close right next to left, Step left in place

7-8 Long step forward with right, Slide left up to right taking weight on left (6:00)

**S8: SYNCOPATED FORWARD ROCKS x 2, L FULL TURN**

1-2& Rock right forward, Recover on left, Close right next to left

3-4& Rock left forward, Recover on right, Close left next to right

5-8 Turn left walking a full circle stepping right, left, right, left (6:00)

**\* RESTART: Wall 5 restart dance after 52 counts (S7 after 4 counts)**

**ENDING: During Wall 7 dance S1 (counts 1-8) & add the following 1 count:  
Cross left over right swinging both hands to right side and clicking fingers**